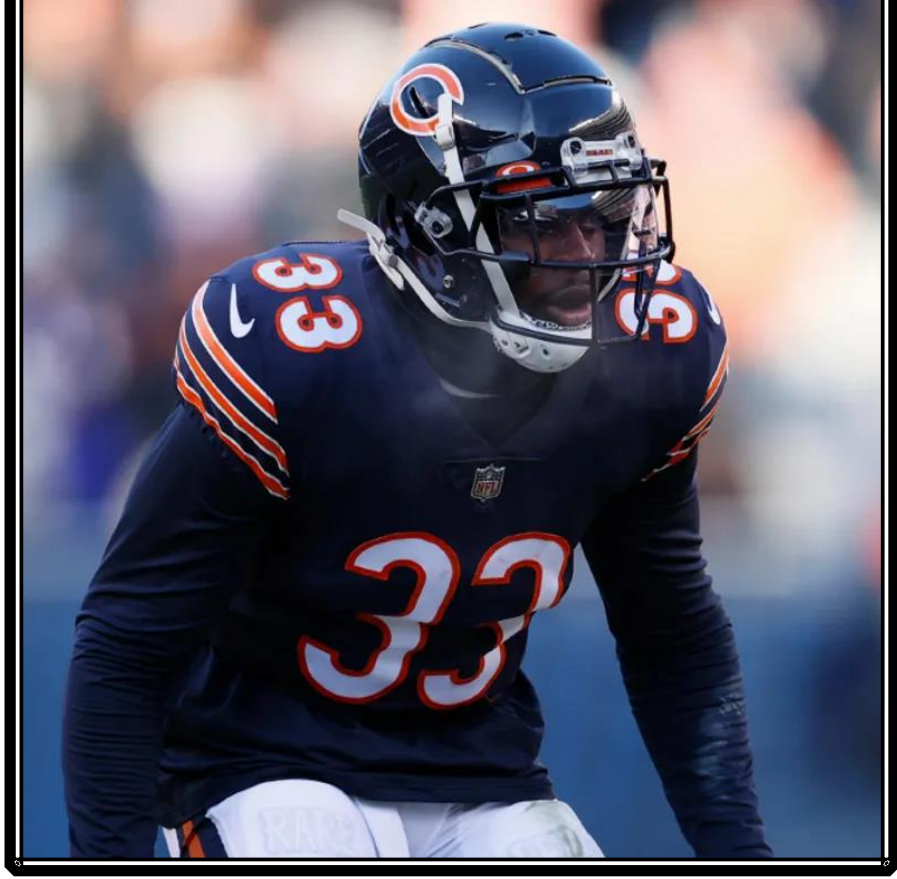
RIO VISTA VICTORY WITH HONOR PRESENTATION

Less than 1% will have a career in Professional Sports



Jaylon Johnson- DB Chicago Bears
former CEHS Graduate

Less than 3%
of high school athletes
will play beyond high
school at any level!

Will have a terminal experience

GOALS

We plan, prepare, and play to win.

HOW DO WE DEFINE WINNING?

WINNING IS WHEN YOUR CHARACTER AND YOUR ACTIONS AGLIGN WITH YOUR PURPOSE.

PARENTS ROLE IN PROCESS

Parents Play Crucial Role in Helping Students Achieve Success
By William O'Neil, Ph.D.

- Shift from participation to Competition
- Coaches no longer divide playing time equally
- Coaches assess, reassess, and explain roles.
- Develop skill, apply them in "urgent effort" moments, and work with others to pursue a common goal.
- Parents play an essential role in helping their child understand the expectations of team sports and the ways to **succeed in those** programs.

We are Central Unified Athletics!

PARENTS ROLE IN PROCESS

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- Practice Good Sportsmanship
- Cheer for team not against their opponent.
- Meet Victory or defeat with grace.
- Remain coachable and encourage all the teammates
- Encourage students to advocate for themselves.
- Play multiple sports
- Attend games, get to know the names of the other players, introduce themselves to other parents and, win or lose, support the team's progress through the season.
- Of course, everyone wants their team to win, but in the end, what is important is the child's education, family and the opportunity to spend time together!

SPORTS ILLUSTRATED FOR KIDS SURVEY

Sports Illustrated for Kids surveyed readers, and the young athletes offered frank, even blunt, advice to parents, paraphrased below.

- “Please don’t coach. Don’t tell me how to do this or that in the car to the game. Don’t yell instructions at me from the sidelines. Encouragement is fine, but not instruction. It’s distracting. And it makes me look inadequate.”

- “Please don’t try to get me psyched up for he game by talking about winning--let’s get ‘em tonight! Bring home a winner! I can’t control if we will or lose. Instead, offer encouragement I can control—Do Your best! Play hard!”

- ”After a loss I will bring up the game on my own if I want to. But you can be helpful. Please don’t let me beat myself up, and don’t blame a loss on a teammate, the coach or a referee.”

We are Central Unified Athletics!

Play Time/ Player Position/ Play Calling

All decisions regarding play time are up to the coach.

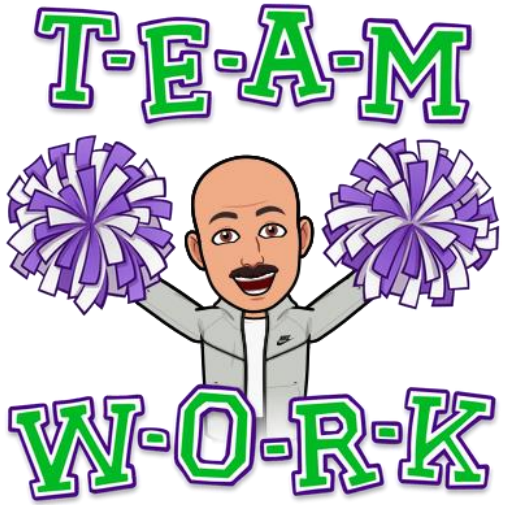
All decisions regarding play calling, game strategy or player positions are the coach's decisions.

The coaching staff will not discuss these decisions with Parent/guardians.

The coach will not speak with parents before, after, or during

A game.

This is not a recreation League. This is competitive.



EQUIPMENT

Sports Equipment is provided by the school.

Equipment: It is the students' responsibility to return and care for all equipment and uniforms issued to them. Any lost or damaged equipment will be paid before the student participates in another activity. Post season awards will be held until uniforms and equipment are returned

FUNDRAISING

Why do I have to pay to watch my own kid play?

How much does it cost?

Football $5 and $7

Other sports $2 and $3

Where does this money go?

How Can I help?

-Volunteer

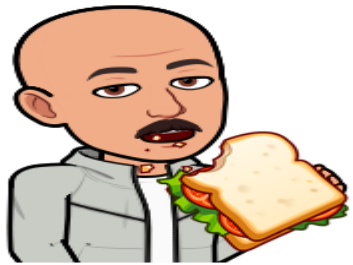
-Donate

-support school fundraisers

Eligibility

The athlete must have and maintain a 2.0 GPA to try-out and/or participate in a co-curricular program. Any athlete falling below the 2.0 GPA will be put in a probationary status where they are eligible to play for one grading period while attending tutoring. If still below 2.0 after the probationary period the athlete is then ineligible until the next grading period above a 2.0

STUDENT ATHLETE



Attendance/ Conduct

The student must be in school the day of a performance for half the time (3 periods) or more unless verified by the attendance office i.e. field trip, conference, etc. Conduct while participating in a co-curricular activity is to be satisfactory as judged by the coach or administration. If any student quits or is discharged from a team without a release from the coach or athletic director, they may not join another team during that season.

PLAYER PICKUP

Please make sure you pickup your child on time.

Our coaches are required to stay with the athletes until they are picked up.

You are to wait for them, they shouldn't have to wait for you.

If an athlete is picked up late the parent receives one warning.

On the second late pickup student will not be allowed to play again.

Until parents meet with coach and athletic administrator.

Code of Ethics

a) Athlete/Parent/Guardian must display acceptable standards of behavior and citizenship at school and in the community.

b) Athlete/Parent/Guardian must cooperate in a mature, sportsmanlike manner in all events whether it is as a participant or spectator.

c) Athlete/Parent/Guardian must comply with the Board of Education policies, District Regulations, and the State Education Code.

d) Athlete/Parent/Guardian must comply with the rules and regulations established by the appropriate governing bodies of their activity.

e) The use of intoxicants, tobacco, drugs, or related substances, or the sale or possession of them will not be tolerated. f) Athletes must not be a member of any outside club that participate in the same sport. g) Athlete must carry an accident insurance policy (either their own or one available at the school).

During the Game

Only positive reinforcement of your team is allowed (cheer them on!)

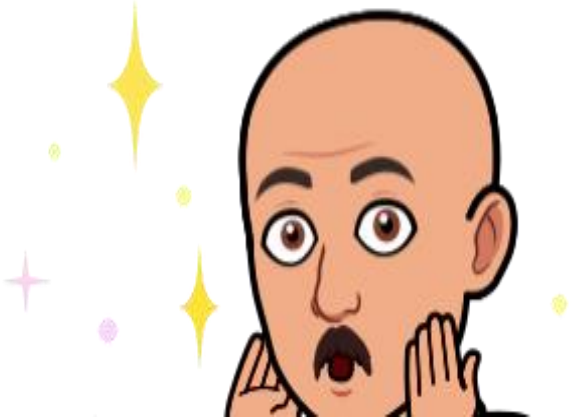
Don’t “help” the officials.

No profanity allowed!

Only players, coaches and referees are allowed by the

Benches or on the field of play.

Do not “coach” your child during the game.



Enforcement

a) Athletes who fail to comply with the Code of Ethics will be declared ineligible to participate in school activities by the school administration.
b) Athletes may seek a hearing before an Appeal Review Panel consisting of the Athletic Director, Vice Principal and Principal.
c) Parents/Guardians who fail to comply with the Code of Ethics will be asked to leave the event by the school administration/athletic director.
Parents/Guardians who fail to comply with the Code of Ethics a second time will be asked to leave the event by the school administration/athletic director, and not be allowed to attend any future competition for the remainder of the school year.